

⌘ one medical business

# A primary care benefit with proven benefits

One Medical is a national primary care practice focused on providing exceptional care that fits into real life. We combine human-centered design, smart use of technology, salaried providers, and 24/7 access to care in a membership-based model. By making it easier and more enjoyable to get care, we help organizations keep their teams happier and healthier — and lower healthcare costs.



## One benefit for physical, mental, and virtual care



### Fast access to in-person care

Same/next-day appointments that start on time and aren't rushed, caring providers, 125+ convenient locations in 18 markets, drop-in lab services



### 24/7 on-demand virtual care

On-demand Video Chat and messaging with salaried providers — available claim-free with our app from anywhere — as well as easy online prescription and renewal requests



### Remote Visits

Scheduled primary care visits with an employees' chosen provider, done over video for a wide array of physical and mental health issues



### Specialty care coordination

Referrals to in-network providers at leading health systems with easy access to specialists and digital record sharing for better longitudinal care



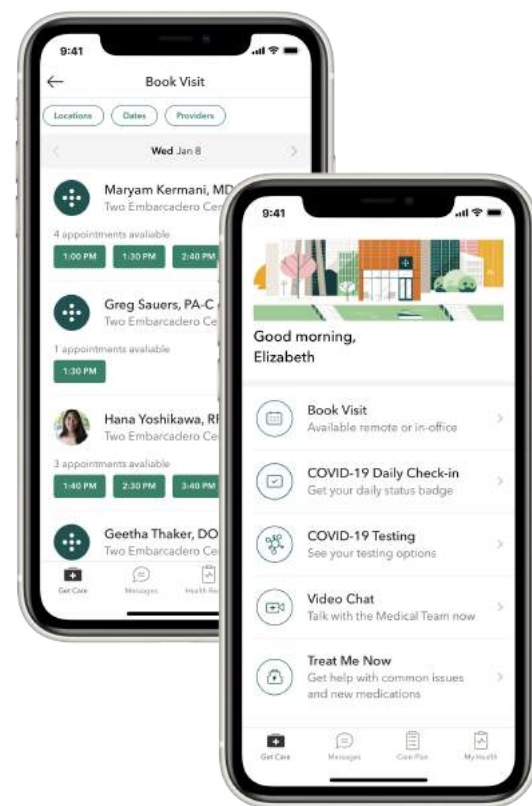
### Integrated behavioral health

Mindset by One Medical integrates evidence-based behavioral health solutions, including 1:1 coaching and therapy as well as group visits, within primary care to address whole-person health



### Comprehensive COVID-19 return-to-work program

Our Healthy Together program, developed by our clinical and public health experts, includes in-app screening, an array of testing solutions (in-office, drive-through, on-site, and home kits), and clinical guidance



We work with 7,000+ organizations of all shapes and sizes

Google

airbnb

Nasdaq

lyft

# Keep your team and your CFO happy

## Happier, healthier teams

90

NPS<sup>1</sup>

90<sup>th</sup>

percentile  
in HEDIS  
quality scores<sup>2</sup>

43%

reduction in  
anxiety levels<sup>3</sup>

1 Source: Experience and Engagement data from One Medical 2017-2018, 15 largest clients

2 Source: Quality and Value scores compared with 423 practices from a health plan's Primary Care Medical Home (PCMH) program.

3 Source: One Medical internal data primary research, reduction of median GAD-7 scores for members who participated in Wellness Series

## Better access, better experience

51%

of visits booked  
same day<sup>4</sup>

2 min

average lobby  
wait time<sup>5</sup>

76%

of employees say  
One Medical  
improved their opinion  
of their employer<sup>6</sup>

4 Source: Experience and Engagement data from One Medical 2017-2018, 15 largest clients

5 Source: 2018 One Medical Service & Operations Report

6 Source: Experience and Engagement Member Survey from One Medical 2019

## Lower costs

8%+

savings in total  
cost of care<sup>7</sup>

41%

fewer ER visits<sup>8</sup>

97%

generic Rx  
powered by our  
algorithms<sup>9</sup>

7 Source: Case study - Client: Professional Service Company. Customer since 2015; currently covering 23k lives across all One Medical markets

8 Source: CareFirst PCMH Ranking of Overall Performance Report, 2018

9 Source: Internal data. For common conditions

**“Benefits like One Medical are no longer a nice to have. It gives companies a competitive edge to attract and retain their employees.”**

Evangeline Mendiola, Head of Global Benefits, Zendesk

Get in touch to learn how we can help keep your business healthy at [onemedical.com/business](https://onemedical.com/business)

